

Preparing for Adulthood



Supporting young people with SEND to be prepared for adult life 19th March 2018

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Preparing for Adulthood (PfA)



- Commissioned by DfE to support the testing and implementation of SEND reforms
- Delivered by the National Development Team for inclusion
- Free training, support and resources
- Provide advice and support to regional authorities
- Continue to engage the Post 16 sector, also support PfA outcomes across the sectors thinking about PfA from the earliest years

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PfA Pathways



Ofsted / CQC inspections



- 49 local areas inspected for SEND
- 20 have received a Written Statement of Action (WSOA) from OfSTED/CQC
- All inspections have included transition in their feedback – but no local authority has everything in place
- Preparing for adulthood outcomes should be the same for all young people including those with more complex needs
- Some LA's have developed strong pathways to employment
- Schools are adapting the curriculum to support good outcomes - particularly employment

Learning from inspections



- **Cornwall** - have a strong strategic plan across education, health and care 'One Vision'
- **Barnet** - strong on inclusion and have good resourced provision – strong co-produced PfA pathway
- **Brighton and Hove** – strong CAMHS mental health transition programme
- **Cambridgeshire** – jointly commissioned face-to-face counselling and online support for young people with mental health issues and strong support around young people who challenge. Exclusions reduced by $\frac{3}{4}$ in 12 months
- **East Sussex** – specialist 14-25 assessment team supports strong working across children and adult services.

Inspections continued...



- **Herefordshire** – good early identification model and strong on supporting independent travel
- **Hertfordshire** – strong 0-25 integrated strategy
- **Northamptonshire** – strong health transition
- **Southampton** – strong health transition using “Ready, Steady, Go”
- **Gloucestershire** – strong employment pathways has supported an increase in employment for young people with SEND from 5% to 21%
- **Halton** – proportion of young people in independent living and employment is much higher than the national average

Learning from inspections



- Work needed to support young people to achieve Preparing for Adulthood outcomes
- Strong partnerships between schools and colleges support positive transition
- Young people have raised aspirations when schools and colleges link together well
- Independence promoted early, for example travel training
- Support needed for young people and their families to think about where they might live in the future
- Planning for housing early so that young people can be as independent as possible

Learning from inspections



- Plan from much earlier with children, young people and their families.
- Not enough focus on the wider outcomes - beyond education
- Strong transition protocols that all stakeholders sign up to
- Joint working across children and adult services including integrated teams - to support a good understanding of outcomes and passing of the baton
- Employment is a particular focus - some LA's have developed strong pathways to employment
- Employment rate for people with learning disabilities still hovers around 6%

Department for Education announcement



- Letter from the Parliamentary Under-Secretary of State for Children and Families on 30 November 2017 announced the individual local authority allocations of the section 31 grants
- £29 million to support local authorities and their partners to continue pressing ahead with implementation of the reforms to the SEND system
- £9.7 million to establish local supported internship forums and train more job coaches and develop supported internships
- East Midlands - just over £700,000

Setting up a local supported internship forum and training job coaches



The aim of the £9.7 million is:

- Create supported internship forums, to bring together local partners who can develop and deliver supported internships in a local area, with the goal of creating routes that will support more young people with SEND into paid employment.
- Forums **aren't** about creating extra work or bureaucracy
- To facilitate practical meetings to set up **sustainable** supported internships and other pathways to employment for young people, and should save forum members time and money in the medium to long term
- Key partners are education providers, employers, supported employment providers, young people with SEND and their families, and local authorities to work together innovatively.

Supporting employment outcomes



- Raise aspirations around employment
- Careers advice
- Good-quality work experience
- A range of vocational options
- Advice and information
- Part-time jobs
- Vocational profiles
- Disabled people as role models in employment



Other initiatives



- Survey of supported internships
- NHS England - Learning Disability Employment Programme
- Health Education England - Project Choice
- Inclusive apprenticeships

Thinking about outcomes beyond education



- Essential for schools and colleges to work together to think about the PfA outcomes from much earlier
- Information available about housing and supported living options - Remember that independent living means living as independently as you can; it doesn't always mean living by yourself!
- Make it possible for young people to meet other young people
- Putting inclusion back on the agenda – Wilf and Heera

<https://www.preparingforadulthood.org.uk/downloads/friends-relationships-and-community/the-importance-of-friendship-for-wilf-and-heera.htm>

What's next?



- Learning from the inspections and share examples of best practice
- Continue to join up national programmes – value for money and best use of resources
- Continue to raise the profile of PfA from the earliest years – working in schools
- Place more importance on friends, relationships and community to support young people to have local opportunities and positive lives
- Regional networks
- We have come a long way but we are not there yet!

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P

Positive Person centred Participation

F

Family Friendships Futures

A

Aspiration Achievement Attitude

East Midlands



Pat Bullen Regional SEND Reforms Lead, East Midlands

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Developing and sharing practice across the region



- In the East Mids, all areas have received a SEND peer challenge
- EM DCSs have appointed a SEND commissioner to influence the £70m that the 9 LAs spend on out-LA placements
- Preparing for Adulthood regional network - to tap into the wealth of skills, knowledge and strategic intent across the region to learn, share, develop and collaborate.
- Develop and share best practice and network with employers at local and regional levels
- Regional network for job coaches to support CPD and build confidence in their role.

Developing and sharing practice across the region



- Who needs to be trained? e.g.
 - Level 3 Job coach qualification
 - Training in systematic instruction (TSI)
 - Train the Trainer (TSI)
- Employer event for the region?
- How do we get more employers involved?
- Should there be a regional training plan to make best use of the funding?

Topics to explore



- Do you have a local employment group?
- Regional employment group?
- What has worked for you locally to engage employers?
- Who are the key employers in the region we need to influence?
- Employers as part of the Preparing for Adulthood network?
- Regional employment event?
- Work shop on supported internships?
- Regional survey to identify training needs

Effective practice in the region



- **Transition 2** believes that **‘one size fits one’**. They offer individually tailored learning pathways based on person-centred long-term targets that are co-produced with learners, and their circles of support, which encourage them to **‘start with the end in sight’**.
- Each learner’s bespoke educational pathway is co-produced through person-centred planning sessions and a target setting meeting that includes the learner and representatives from his/her circle of support.
- Some learners want to develop specific vocational skills so they can work towards getting a job in the future.
- They have a small hair and beauty salon, an allotment and large kitchen, the local community often help learners gain the skills needed to find a job they enjoy.

What works?



- Presumption of employability
- Inspiring role models
- Employment focused person-centred transition planning
- High quality careers advice
- Meaningful work experience
- Accessible vocational training



Housing Options

- Residential Care Home
- Shared Supported Housing
- Shared Lives
- Network – e.g. Key Ring
- Cluster flats/extra care
- Ordinary Housing Options
- Renting from Council
- Renting from a housing association
- Private Renting
- Shared Ownership
- Outright Owners
- Family funded options



Friends, relationships and community participation



- Think about friends from the earliest years
- Set up and support circles of friends
- Workforce to be more aware of the importance of supporting friendships for motivation and learning
- Use available resources to support friendships and community participation
- Ensure the Local Offer is inclusive
- Student forums to include young disabled people
- Use Inclusion Web
- Travel to be integral to all planning
- Curriculum to include the tools of keeping in touch
- Support adult relationships
- Focus on the things that are important to all young people

Health



- Health needs to be clearly included in plans – physical, medical and mental health needs
- Outcomes around healthy eating, exercise, well being
- Have one-page profile, communication passport and decision making agreements in place for young people with limited verbal communication before they leave school (appendices to plan)
- Young people supported to understand their health needs and to take as much control as they can
- Young people and families to know how the NHS services work between age 16 and 25 – discharge times , responsibilities for referrals and equipment
- Professionals planning and working together – for example CAMHS and adult mental health services
- Resources used to support staying healthy
- Universal health services are inclusive – Local Offer
- Clear information for young people and their families available from year 9



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Thank you



Questions?

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Useful resources



- Housing and Support Alliance - <http://www.housingandsupport.org.uk/home>
- NDTi website - <https://www.ndti.org.uk/>
- Preparing for Adulthood - <http://www.preparingforadulthood.org.uk/>
- Personalising education - <http://www.personalisingeducation.org/>
- Council for Disabled Children - <https://councilfordisabledchildren.org.uk/>
- British Association of Supported Employment - <https://www.base-uk.org/>
- Health Transition Planning - <http://www.uhs.nhs.uk/OurServices/Childhealth/TransitiontoadultcareReadySteadyGo/Transitiontoadultcare.aspx>

PARTNERSHIP WORKING FOR PFA

